



RICHMOND FC ILLNESS POLICY

In this policy, ***“Team member” includes any Richmond FC staff, volunteers, referees, members, players and each of their family members*** with respect to illness and attendance or participation in any sanctioned Club activity or event. Noncompliance with the requirements of this policy could result in removal from the sanctioned activity and in situations of gross negligence, removal from the Club membership and all sanctioned Club activities and events.

Symptoms of COVID-19

- new or worsening cough
- shortness of breath or difficulty breathing
- temperature equal to or over 38°C
- feeling feverish
- chills
- fatigue or weakness
- muscle or body aches
- new loss of smell or taste
- headache
- gastrointestinal symptoms (abdominal pain, diarrhea, vomiting)

Self-Assessment Requirement

Team members must conduct a [self-assessment](#) prior to each session to confirm that they are not experiencing any COVID 19 symptoms. COVID-19 self-assessment signage is also located at the fields.

Team member is experiencing any COVID-19 symptoms

- They must remain at home.
- They should consider contacting Health Link BC at 8-1-1.
- They will be sent home immediately if symptoms are present during any session.

Team member tests positive for COVID-19

A team member who tests positive for COVID-19 must comply with the instructions of the health authorities, inform the Club and will not be permitted to return to any activity until health authorities permit.

Team member has been tested and is waiting for the results of a COVID-19 Test

A team member awaiting the results of a COVID-19 test will be unable to participate in any activity until test results are received and a negative result is confirmed.

Team member has come into Close Contact with someone confirmed to have COVID-19

A team member deemed to have been in close contact with a confirmed case of COVID-19 must comply with instructions of the health authorities.

Team member Self-Isolation Requirements

Any team member who has been instructed to self-isolate must comply with Instructions of the health authorities and inform Richmond FC by sending a confidential email to admin@richmondfc.ca.